

## Bob Whitaker - Keynote Speaker and Author of:

- Mad in America: Bad Science, Bad Medicine and the Enduring Mistreatment of the Mentally Ill
- Anatomy of an Epidemic: Magic Bullets, Psychiatric Drugs, and the Astonishing Rise of Mental Illness in America












Keynote begins at: 10:00 AM

**“Imagining a Different Future:  
What History and Science Reveal is Possible in Mental Health.”**



## Session 1 Speakers (12:30PM - 2:00PM)

Go To [www.namiwestsidela.org](http://www.namiwestsidela.org) for topic description and speaker biographies

	1. <b>Bob Whitaker, Author</b>	Evidence-Based Solutions that Promote Robust Recovery: Open Dialogue Therapy in Finland, Exercise for Depression, and Other Promising Therapies
	2. <b>Linda Gray Sexton, Author</b>	Half In Love: Surviving the Legacy of Suicide 
	3. <b>Karen- Winters Schwartz, Author</b>	Where Are the Cocoa Puffs? A Families Journey Through Bipolar Disorder 
	4. <b>Daniel Dorman, M.D. and Catherine Penney, RN</b>	Psychotherapy of Schizophrenia Resulting in Full Recovery
	5. <b>Joanna Poppink, MFT</b>	One Person has an Eating Disorder, Another Wants to Help Her Get Well 
	6. <b>Jerome Front</b>	Mindful Care-taking: Maintaining Love and Loving Kindness in the Family in Times of Chaos, Shock and Stress
	7. <b>Dennis Lowe, Ph.D. and Emily Scott-Lowe, Ph.D.</b>	Clinical Depression: A Personal and Professional Perspective on Recovery for Families and Individuals
	8. <b>Melody J. Anderson, LCSW</b>	The Double-Edged Sword: Effective Tools For Those Who Love The Dual-Diagnosed

## Session 2 Speakers (2:30PM - 4:00PM)

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	9. <b>Andrew F. Leuchter, MD</b>	Depression and RTMS Therapy, A New and Exciting Alternative to Medication
	10. <b>Dr. Michael Levittan</b>	Healing Trauma: The Mind, The Brain, and the Family
	11. <b>Linda Gray Sexton, Author</b>	Half In Love: Surviving the Legacy of Suicide 
	12. <b>Howard Glasser</b>	Transforming the Difficult Child - “At any Age” Awakening Greatness in the Even Most Difficult Child.
	13. <b>Dr. Berit Kerner</b>	Genomics and BiPolar Disorder. Is it Time For Personalized Medicine.
	14. <b>Sanjeet Sihota, LCSW Andy Behrman, Author Terri Cheney, Author</b>	Living in Recovery: One Day at a Time
	15. <b>Lynn Anderson, PHD</b>	Combine Yoga and Dance for Happiness, Wellness and Fun.
	16. <b>Fredda Wasserman</b> 	My Beloved Has a Mental Illness: Grieving The Real And Symbolic Losses

**\$100** Exhibitor Fee

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